

POOL SCHEDULE

Nov 17-Nov 23

Time	Monday 18-Nov	Tuesday 19-Nov	Wednesday 20-Nov	Thursday 21-Nov	Friday 22-Nov
5:00 - 6:25a	Masters / Lap Swim/ Water Walking	Masters / Lap Swim/ Water Walking	Masters / Lap Swim/ Water Walking	Masters / Lap Swim/ Water Walking	Masters / Lap Swim/ Water Walking
6:30 - 7:25a	Aqua Fitness/ Water Walking	Aqua Fitness/ Water Walking	Aqua Fitness/ Water Walking	Aqua Fitness/ Water Walking	Aqua Fitness/ Water Walking
7:30 - 9:00a	Lap Swim / Water Walking	Lap Swim / Water Walking	Lap Swim / Water Walking	Lap Swim / Water Walking	Lap Swim / Water Walking
9:00 - 9:55a	Aqua Fitness / Lap Swim/ Independent Deep-End Only	Aqua Fitness / Lap Swim (DEEP END CLOSED)	Aqua Fitness / Lap Swim/ Independent Deep-End Only	Aqua Fitness / Lap Swim (DEEP END CLOSED)	Aqua Fitness / Lap Swim/ Independent Deep-End Only
10:00-11:00a	Aqua Gold / Lap Swim/ Independent Deep-End Only	Aqua Gold / Lap Swim/ Independent Deep-End Only	Aqua Gold / Lap Swim/ Independent Deep-End Only	Aqua Gold / Lap Swim/ Independent Deep-End Only	Aqua Gold / Lap Swim/ Independent Deep-End Only
11:00 - 12:00p	Lap Swim / Water Walking	Lap Swim / Water Walking	Lap Swim / Water Walking	Lap Swim / Water Walking	Lap Swim / Water Walking
12:05 - 2:40p	School Programs	School Programs	School Programs	School Programs	School Programs
2:40 - 3:50p	RHS Swimming	RHS Swimming	RHS Swimming	RHS Swimming	RHS Swimming
3:50 - 5:00p	RVHS Swimming	RVHS Swimming	RVHS Swimming	RVHS Swimming	RVHS Swimming
5:00 - 6:00p	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons
6:00 - 7:30p	RACE	RACE	RACE	RACE	RACE
7:35- 8:30p	Lap Swim / Aqua Fitness	Lap Swim / Aqua Fitness	Lap Swim / Aqua Fitness	Lap Swim / Aqua Fitness	Lap Swim
8:40- 9:40p	Recreation Swim	Recreation Swim	Recreation Swim	Juke Box Family Recreation Swim	Recreation Swim
Sunday Swim Schedule (Nov 17)			Saturday Swim Schedule (Nov 23)		
9:00 - 11:00a	Pool Rentals		7:00a - 9:00a	RACE Practice (3lanes)	
11:00a - 12:45p	Lap Swim / Water Walking		8:00a - 10:00a	Lap Swim (3 lanes)	
1:00 - 3:30p	Recreation Swim		9:00a - 9:55a	Aqua Fitness	
3:30 - 5:30p	Pool Rentals		10:00a- 1:00p	Pool Rentals	
			1:00p - 3:30p	Recreation Swim	
Lap swim and Therapy walk lanes may vary depending on attendance number			3:45p - 5:30p	Lap Swim	
			5:30p - 7:30p	Pool Rentals	
Notes:					

**Please note changes to the pool schedule, highlighted in grey **

Updated

10/23/19