

## RAPRD Activity Center

December 30- January 4, 2020

**Schedules are subject to change based on activities and needs.**  
**\*Activities with an asterisk require registration prior to attending**

Time	Monday	Tuesday	Wednesday	Thursday	Friday	
6:00am- 8:00am		Kickstart Conditioning (5:45 - 6:45)	CLOSED FOR THE NEW YEAR HOLIDAY	P90X® (5:45 - 6:45)		
8:00am-9:00am	Fitness 4 Life	Zumba® Gold			Zumba® Gold	
9:15am-10:20am	Powercut Plus	Balance & Core			Balance & Core	Cardio Kickboxing
10:45am-4:00pm	Open Basketball	CLOSE AT 12:00 FOR THE NEW YEAR HOLIDAY			*Little Sports Stars (1:00-1:30)	Open Basketball
4:30pm-5:30pm	MIXxedfit® Dance Fitness					
5:35pm-6:35pm	PowerCut Plus				*Beginner Kendo Fencing (6:00-8:00) *Crazy About Art (5:00-5:45)	
7:00 -9:00pm	Open Basketball					Open Basketball

Adult Drop-in Fee: \$3.50; Racquetball: \$3.50 drop-in/per hour / reserve the court ahead of time for  
 Walleyball: \$3.50 drop-in/per hour; Basketball drop-in fee: \$3.50 Adult | \$2.00 Youth  
 Youth/Toddler drop-in fee: \$2.00/ Senior 60+ \$2.50/cardio and weights  
 Group Fitness/Weight Cardio drop-in fee: \$3.50; \$28.00/12 visit punch card or \$30.00 unlimited for  
**Drop in weights & cardio equipment is available from 6:00am-9:00pm.**

Saturday
Saturday Hours 9:00am - 12:00pm
Powercut Plus
Edited 11/25
or \$1.00
r 30 day