Pool Schedule

Jan 26-Feb 1

Time Monday Tuesday Wednesday Thurs	ers / / Water Lap ting tness/ Ac Valking Wa vim / L Valking Wa tness / Ac	31-Jan Masters / Swim/ Water Walking qua Fitness/ ater Walking ap Swim / ater Walking
27-Jan 28-Jan 29-Jan 30-J Masters / Masters / Masters / Masters / Lap Swim/ Water Walking Walking Walking Walking Water Walking	ers / / Water Lap king tness/ Ad Valking Wa vim / L Valking Wa kness / Ad	Masters / Swim/ Water Walking qua Fitness/ ater Walking Lap Swim /
5:00 - 6:25a Lap Swim/ Water Walking	/ Water Lap ting tness/ Ac Valking Wa vim / L Valking Wa tness / Ac	Swim/ Water Walking qua Fitness/ ater Walking ap Swim /
Walking Walking Walking Walking Walking Walking 6:30 - 7:25a Aqua Fitness/ Aqua Fitness/ Water Walking Walking Walking Water Walking Aqua Fitness /	ting tness/ Ac Valking Wa vim / L Valking Wa tness / Ac	Walking qua Fitness/ ater Walking Lap Swim /
6:30 - 7:25a Aqua Fitness/ Water Walking Aqua Fitness/ Water Walking Aqua Fitness/ Water Walking Aqua Fitness/ Water Walking Lap Swim / Water Walking Lap Swim / Water Walking Water Walking Water Walking Aqua Fitness / Aqua Fitne	tness/ Ad Valking Wa vim / I Valking Wa ness / Ad	qua Fitness/ ater Walking ap Swim /
6:30 - 7:25a Water Walking Water Walking Walking Water Walking 7:30 - 9:00a Lap Swim / Water Walking Lap Swim / Lap Swim / Water Walking Lap Swim / Water Walking Lap Swim / Water Walking Aqua Fitness / Aqua Fitness / Aqua Fitness / Aqua Fitness / Aqua Fitness / Aqua Fitness / Aqua Fitness / Aqua Fitness /	Valking Wavim / L Valking Waviness / Ac	ater Walking Lap Swim /
Water Walking Water Walking Walking Water Wa	vim / I Valking Water	_ap Swim /
7:30 - 9:00a Water Walking Water Walking Water Walking Water V Aqua Fitness / Aqua Fitness / Aqua Fitness / Aqua Fitness /	Valking Walking Walkings / Ac	•
Water Walking Water Walking Water V Aqua Fitness /	ness / Ac	ater Walking
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lan Swim/ Lan Swim Lan Swim/ Lan S	wim	qua Fitness /
9:00 - 9:55a	WIIII	Lap Swim/
9:00 - 9:55d Independent (DEEP END Independent (DEEP	END In	dependent
Deep-End Only CLOSED) Deep-End Only CLOS	ED) De	ep-End Only
Aqua Gold /		6 11 /
Aqua Gold / Aqua Gold / Lap Swim/ La	•	iqua Gold /
Independent Lap String	*	Lap Swim/
Independent Independent Deep-End		dependent
10:30-11:00a Deep-End Only Deep-End Only RPA Only	id Only De	ep-End Only
11:00-11:30p Lap Swim / Water Lap Swim / Water Lessons Lap Swim	/ Water Lap	Swim / Water
11:30 - 12:00p Walking Walking Walking Walking Walking	king	Walking
12:00-12:30p		
School Programs School Programs School Programs School Programs	ograms Sch	School Programs
2:40 - 3:50p RHS Swimming RHS Swimming RHS Swimming RHS Swimming	mming RH	'S Swimming
3:50 - 5:00p RVHS Swimming RVHS Swimming RVHS Swimming RVHS Swi	imming RVI	HS Swimming
5:00 - 6:00p Swim Lessons Swim Lessons Swim Lessons Swim Lessons	essons Sv	vim Lessons
6:00 - 7:30p RACE RACE RACE RACE	RACE RACE RACE	
Lap Swim / Lap Swim / Lap Swim / Lap Sw	Lap Swim / Lap Swim /	
7:35- 8:30p Aqua Fitness Aqua F		Lap Swim
8:40- 9:40p Recreation Swim Recreation Swim Recreation Swim Recreation Swim	Juke Box Family Recreation Swim	
Sunday Swim Schedule (Jan 26) Saturday Swin	Saturday Swim Schedule (Feb 1)	
9:00 - 11:00a Pool Rentals 7:00a - 9:00a R	RACE Practice (3lanes)	
11:00 - 12:45p Lap Swim / Water Walking 8:00a - 10:00a	Lap Swim (3 lanes)	
	4	
3:30 - 5:30p Pool Rentals 10:00-11:00a Tether runn	wate.	Your Feet Wet
11:00a- 1:00p	Pool Rentals	
Lap swim and Water Walking lanes may vary depending on 1:00p - 3:30p		
attendance number. During Lap swim please circle swim when there are 3+ 3:45p - 5:30p Lap Swim		
swimmers in a lane. 5:30p - 7:30p Pool Rentals		s
*Please note changes to the pool schedule, highlighted in grey *		