

# POOL SCHEDULE

Nov 3-Nov 9

| Time                                                                    | Monday<br>4-Nov                                             | Tuesday<br>5-Nov                                         | Wednesday<br>6-Nov                                          | Thursday<br>7-Nov                                        | Friday<br>8-Nov                                             |
|-------------------------------------------------------------------------|-------------------------------------------------------------|----------------------------------------------------------|-------------------------------------------------------------|----------------------------------------------------------|-------------------------------------------------------------|
| 5:00 - 6:25a                                                            | Masters /<br>Lap Swim/ Water Walking                        | Masters /<br>Lap Swim/ Water Walking                     | Masters /<br>Lap Swim/ Water Walking                        | Masters /<br>Lap Swim/ Water Walking                     | Masters /<br>Lap Swim/ Water Walking                        |
| 6:30 - 7:25a                                                            | Aqua Fitness/<br>Water Walking                              | Aqua Fitness/<br>Water Walking                           | Aqua Fitness/<br>Water Walking                              | Aqua Fitness/<br>Water Walking                           | Aqua Fitness/<br>Water Walking                              |
| 7:30 - 9:00a                                                            | Lap Swim /<br>Water Walking                                 | Lap Swim /<br>Water Walking                              | Lap Swim /<br>Water Walking                                 | Lap Swim /<br>Water Walking                              | Lap Swim /<br>Water Walking                                 |
| 9:00 - 9:55a                                                            | Aqua Fitness /<br>Lap Swim/<br>Independent<br>Deep-End Only | Aqua Fitness /<br>Lap Swim<br>(DEEP END<br>CLOSED)       | Aqua Fitness /<br>Lap Swim/<br>Independent<br>Deep-End Only | Aqua Fitness /<br>Lap Swim<br>(DEEP END<br>CLOSED)       | Aqua Fitness /<br>Lap Swim/<br>Independent<br>Deep-End Only |
| 10:00-11:00a                                                            | Aqua Gold /<br>Lap Swim/<br>Independent<br>Deep-End Only    | Aqua Gold /<br>Lap Swim/<br>Independent<br>Deep-End Only | Aqua Gold /<br>Lap Swim/<br>Independent<br>Deep-End Only    | Aqua Gold /<br>Lap Swim/<br>Independent<br>Deep-End Only | Aqua Gold /<br>Lap Swim/<br>Independent<br>Deep-End Only    |
| 11:00 - 12:00p                                                          | Lap Swim / Water Walking                                    | Lap Swim / Water Walking                                 | Lap Swim / Water Walking                                    | Lap Swim / Water Walking                                 | Lap Swim / Water Walking                                    |
| 12:05 - 2:40p                                                           | School Programs                                             | School Programs                                          | School Programs                                             | School Programs                                          | School Programs                                             |
| 2:40 - 3:50p                                                            | RHS Water Polo                                              | RHS Water Polo                                           | RHS Water Polo                                              | RHS Water Polo                                           | RHS Water Polo                                              |
| 3:50 - 5:00p                                                            | RVHS Water Polo                                             | RVHS Water Polo                                          | RVHS Water Polo                                             | RVHS Water Polo                                          | RVHS Water Polo                                             |
| 5:00 - 6:00p                                                            | Swim Lessons                                                | Swim Lessons                                             | Swim Lessons                                                | Swim Lessons                                             | Swim Lessons                                                |
| 6:00 - 7:30p                                                            | RACE                                                        | RACE                                                     | RACE                                                        | RACE                                                     | RACE                                                        |
| 7:35- 8:30p                                                             | Lap Swim /<br>Aqua Fitness                                  | Lap Swim /<br>Aqua Fitness                               | Lap Swim /<br>Aqua Fitness                                  | Lap Swim /<br>Aqua Fitness                               | Lap Swim                                                    |
| 8:40- 9:40p                                                             | Recreation Swim                                             | Recreation Swim                                          | Recreation Swim                                             | Juke Box Family<br>Recreation Swim                       | Recreation Swim                                             |
| Sunday Swim Schedule (Nov 3)                                            |                                                             |                                                          | Saturday Swim Schedule (Nov 9)                              |                                                          |                                                             |
| 9:00 - 11:00a                                                           | Pool Rentals                                                |                                                          | 7:00a - 9:00a                                               | RACE Practice (3lanes)                                   |                                                             |
| 11:00a - 12:45p                                                         | Lap Swim / Water Walking                                    |                                                          | 8:00a - 10:00a                                              | Lap Swim (3 lanes)                                       |                                                             |
| 1:00 - 3:30p                                                            | Recreation Swim                                             |                                                          | 9:00a - 9:55a                                               | Aqua Fitness                                             |                                                             |
| 3:30 - 5:30p                                                            | Pool Rentals                                                |                                                          | 10:00a- 1:00p                                               | Pool Rentals                                             |                                                             |
|                                                                         |                                                             |                                                          | 1:00p - 3:30p                                               | Recreation Swim                                          |                                                             |
| Lap swim and Therapy walk lanes may vary depending on attendance number |                                                             |                                                          | 3:45p - 5:30p                                               | Lap Swim                                                 |                                                             |
|                                                                         |                                                             |                                                          | 5:30p - 7:30p                                               | Pool Rentals                                             |                                                             |
| Notes:                                                                  |                                                             |                                                          |                                                             |                                                          |                                                             |

*\*Please note changes to the pool schedule, highlighted in grey \**

Updated

10/23/19