

Facilities & Parks, Board Members & Staff

Cascade Swim Center and Administrative Office

465 SW Rimrock Drive P.O. Box 843 Redmond, OR 97756 (541) 548-7275 Phone

Cascade Swim Center Facility Hours

Monday-Friday 6AM to 2PM 4PM to 8PM Saturday 1PM to 6PM Sunday Closed Available for rent on Saturday

RAPRD Activity Center

2441 SW Canal Blvd. Redmond, OR 97756 (541) 526-1847 Phone (541) 526-1848 Fax

RAPRD Activity Center Facility Hours

Monday-Friday 7AM to 12PM Saturday & Sunday Closed

All days & times are reservation only. Operational hours are subject to change.

Check us out at www.raprd.org for facility schedules, announcements and more.

Board of Directors

Hayes McCoy, Chair
Matt Gilman, Vice-Chair ● Zack Harmon
Ed Danielson ● Joanne Fletcher

Executive Director

Katie Hammer (541) 548-7275 katie.hammer@raprd.org

Aquatic Director

Jessica Rowan (541) 548-6066 jessica.rowan@raprd.org

Recreation Manager

Mike Elam (541) 526-1847 mike.elam@raprd.org

Administrative Services Manager

Vicki Osbon (541) 548-7275 vicki.osbon@raprd.org

basketball court, picnic area, spray park, wading pool.



Cascade Swim Center 465 SW Rimrock Drive Redmond, OR (next to RHS)

RAPRD Activity Center 2441 SW Canal Blvd. Redmond, OR



Multipurpose activity room, fitness equipment and classes, racquetball, walleyball, locker rooms, showers and 1/2 court basketball.

Nature and hiking trails, picnic tables, wildlife

viewing, fishing and swimming.

25 meter indoor pool, sand volleyball courts,



Borden Beck Wildlife Preserve Located on Lower Bridge Road Redmond, OR

Tetherow Crossing 5810 NW Tetherow Road Redmond, OR



Plans for the development of Tetherow Park are on file at the RAPRD office.



High Desert Sports Complex 1859 NE Maple Avenue Redmond, OR

Three softball fields, one multipurpose field, playground equipment, Smith Rock BMX Race Track, Field of Dreams R.C. landing strip.

Pleasant Ridge Community Hall—7067 SW Canal Blvd. Redmond, OR



Community activity and rental facility.

Summer 2021

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Registration, Discounts, Cancellations and Refunds

Registration Information

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Registration is on a first-come, first-serve basis and payment is required at the time of registration. **Pre-registration is required for ALL programs** unless otherwise noted (i.e. "drop-in, specific deadline").

You can register online at www.raprd.org or in person at the Cascade Swim Center and RAPRD Activity Center.

In compliance with COVID-19 you must reserve a time at the RAPRD Activity Center and CSC. To schedule time, go to our website at www.raprd.org/Reservations, select the facility and activity, then select the time.

Any newly added programs will be indicated with NEW this symbol.

Credits and Refunds

Credits or refunds are available if we are notified four (4) business days prior to the beginning of the program. Otherwise, we can only issue a refund if the participant's spot is filled. With some programs a cancellation fee is charged due to the insurance and uniform fees paid in advance. NO REFUNDS will be issued after the program has begun. NO REFUNDS will be issued for RAPRD sports programs starting three weeks prior to the date of the first scheduled game. Refunds under \$10.00 will be credited to your account for future programs.

In-District Discount

Participants who live within the park district boundaries are given an "in district" (I/D) discount for our programs and admissions. This reflects the portion of property taxes paid to support the park district. "Out-of-district" (O/D) residents are encouraged to participate in all of our programs. If you have any questions regarding your resident status, please ask the receptionist or call us at (541) 548-7275 or (541) 526-1847.

Scholarships

Scholarships are available for most programs. You can apply for a scholarship at the Cascade Swim Center or RAPRD Activity Center.

RAPRD Mission Statement:

"RAPRD leads our community to health and well-being by providing fun, high-quality recreational experiences and activities for all."

We strive to produce the most accurate, up-to-date activity guide possible. However, schedules are subject to change and programs may be cancelled if minimum enrollment requirements are not met.

Adaptive Programming and Inclusion Services

RAPRD Inclusion Mission Statement:

RAPRD has made a commitment to provide accessible programs and services to the community and shall apply stringent accessibility standards to ensure this commitment is met. RAPRD will provide the least restrictive environment possible, uphold a climate of acceptance through community awareness and support in order to eliminate barriers and encourage the greatest amount of enjoyment and participation.

Inclusion Philosophy:

Per Oregon and local laws, RAPRD does not discriminate based on race, sex (including pregnancy), sexual orientation, gender identity and expression, national origin, religion, marital status, physical or mental disability, or age. RAPRD embraces a philosophy of inclusion that endorses providing integrated inclusive programming. To ensure quality recreation and life enrichment activities are being offered to the entire community, RAPRD has adopted accessibility standards that support adaptability and inclusion considerations for every service provided. RAPRD's philosophy of inclusion emphasizes adaptation over segregation. This philosophy asserts that every feasible endeavor shall be undertaken and every reasonable accommodation made to ensure program offerings are available and accessible. If you or your child have a disability and would like an inclusion consultation please contact Inclusion Coordinator, Brandy Princehorn at (541) 815-8379 or you can email her at brandy.princehorn@raprd.org.

THE RAPRD HERO PASS

Home of the free.

because of the brave.

The Redmond Community is home to many veterans who have bravely served our nation. To honor their service RAPRD is offering our RAPRD Hero Pass. All honorably discharged Redmond area veterans who live within the District boundaries are eligible to receive the Hero Pass Card.

Recipients may use this card to receive a 20% discount toward RAPRD recreation, fitness or enrichment programs at both the RAPRD Activity Center and Cascade Swim Center. There is an annual limit of \$200.00, not to be used with other discounts or scholarships. Please inquire at the Cascade Swim Center or Activity Center if you would like more information about this program.

We Salute You, Honor You & Thank You for Your Service!!

ARTS AND CRAFTS

Art Explorers

3400

K-6th Grades | RAPRD Activity Center

This is a multimedia art program for K-6th grades. We will use paint, clay, oil pastels, chalks and so much more. This art class is filled with imagination and creativity. Please wear an old shirt as this class tends to get messy.

Session 1	TH	6/3 - 6/17	2:00-2:45pm
Session 2	TH	7/1 - 7/15	2:00-2:45pm
Session 3	TH	8/5 - 8/19	2:00-2:45pm
Session 4	TH	9/2 - 9/16	4:00-4:45pm

\$25.00 I/D; \$32.50 O/D

Nature Art

3778

K-5th Grades | RAPRD Activity Center

In this nature inspired class we will be using materials found in nature to create fun art projects while learning about the natural elements around us.

Session 1	Μ	6/7 - 6/21	2:00-2:45pm
Session 2	Μ	7/5 - 7/19	2:00-2:45pm
Session 3	Μ	8/2 - 8/16	2:00-2:45pm
Session 4	M	9/6 - 9/20	4:00-4:45pm

\$25.00 I/D; \$32.50 O/D

Paint Night - Wednesdays

3415

8 Yrs. & Up| RAPRD Activity Center & Virtual 6:00-8:00pm

Enjoy a 2-hour class working with acrylic paint on an 11x14 canvas. Each session will present a new theme. Working with step-by-step instructions to create a finished piece while building on your skills. This class will be offered three times a month with a new painting each week. All supplies will be provided. A discounted fee is given when you bring a friend. Participants under the age of 13 must be accompanied by an adult. Come in and have fun creating and meeting new people in the community. We promise you will have a good time.

For virtual classes, supply kits will be available for pick up at the Activity Center the week before the class. Participants will receive an email with a link to join the class.

You must register online at www.raprd.org or come into one of our offices to secure your spot. No drop-ins accepted.

Session :	1	W	6/16 - Virtual
Session 2	2	W	6/23
Session 3	3	W	6/30
Session 4	4	W	7/14 - Virtual
Session !	5	W	7/21
Session (6	W	7/28
Session 7	7	W	8/11 - Virtual
Session 8	8	W	8/18
Session 9	9	W	8/25
Session :	10	W	9/08 - Virtual
Session :	11	W	9/15
Session	12	W	9/22

\$30.00 per person I/D; \$39.00 per person O/D \$45.00 per couple I/D; \$58.50 per couple O/D

COOKING/NUTRITION

Kid Cuisine

3552

1st-3rd Grades | RAPRD Activity Center

In this class participants will make easy and inexpensive meals, snacks or desserts. Each class participants will learn how to use an oven/burner, proper knife techniques and how to measure. Sign up today and let's get cooking!

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Session 1	TU	6/1 - 6/15	2:00-2:45pm
Session 2	TU	7/6 - 7/20	2:00-2:45pm
Session 3	TU	8/3 - 8/17	2:00-2:45pm
Session 4	TH	9/7 - 9/21	4·00-4·45nm

\$30.00 I/D; \$39.00 O/D

Culinary Kids

3552

5th-7th Grades | *Pleasant Ridge Community Hall 3:00-4:00pm

Learn to cook classic dishes from around the world and take home to your family for dinner that night. (Italian, German, Mexican and Chinese)

Session 1 M 7/21 - 8/11

\$60.00 I/D; \$78.00 O/D

*Pleasant Ridge Community Hall, 7067 SW Canal Blvd., Redmond, OR

OUTDOORS

Diane's Horseback Riding

3607

7-18 Yrs. | Diane's Riding Place

Beginning - In this intro class Diane starts with the basics including learning how to mount and properly care for a horse as well as how to cinch, saddle and prepare to ride a horse. Horses and tack provided.

Intermediate - Once you've learned the basics it's time to take things a step further with more advanced maneuvers and learn how to better communicate with a horse. Enjoy the art of learning to ride and care for a horse at Diane's Riding Place. Horses and tack provided.

Registration deadline is 48 hours before the start of class.

Session 1 SA 8/7-8/21

Beginning 2:00-3:00pm Intermediate 3:00-4:00pm

\$100.00 I/D; \$130.00 O/D

Fly Fishing Camp

6760

11-16 Yrs. | ODFW Pond at Spring Creek

This 3 day fly fishing camp provides students with the skills to go fly fishing. It includes casting, bug identification, knot and fly-tying, water safety and fishing. Please bring a sack lunch. Pick up and drop off is at the ODFW Pond at Spring Creek on the Metolius River. All fly-fishing equipment will be provided. Goal of the camp: provide the student with sufficient fly-fishing skill to be a successful fly fisher. Space is limited.

Session 1 M-W 6/21-6/23 9:00am-1:00pm \$60.00 I/D, \$78.00 O/D

Directions to Spring Creek:

 From Sisters, drive approximately 9 miles NW on US-20/OR 126 and turn right (look for the Camp Sherman / Metolius River Recreation Area sign), set your odometer.

 Veer left at fork and head to Camp Sherman and Resorts (2.5 miles). Don't take the right fork that

goes to the campgrounds.

 Turn right onto Old Hatchery Road (use to be Sternberg Road) and look for Kokanee Karnival sign (4.5 miles), it is the first dirt road to the right past the Fire Station.

KIDS FITNESS

Kids Street Dance

3516

7-12 Yrs. | RAPRD Activity Center | 1:00-2:00pm

Come join RAPRD in this motivating dance class using many styles of dance. Using prechoreographed movement along with developing their own unique style in freestyle time. Music is clean, dance moves are athletic and age appropriate. Participants will learn to express themselves, build self esteem and make new friends while having fun in this motivating, non-competitive class.

Session 1 M - F 7/19-7/23

\$25.00 I/D; \$33.00 O/D

Kids Fitness - Small Group Training 3519

10-14 Yrs. | RAPRD Activity Center | 12:00-1:00pm

Kids ages 10-14 will work with a certified personal trainer in a small group introducing basic weight training exercises, demonstrating proper form and designing a detailed tailored program to fit their specific goals. Training includes education on healthy nutrition and an overall healthy lifestyle of wellness. *Pre-registration is required.*

 Session 1
 M & W
 6/7-6/30

 Session 2
 M & W
 7/5-7/28

 Session 3
 M & W
 8/2-8/25

\$40.00 I/D; \$52.00 O/D

PHOTOGRAPHY

Ages 14 & UP - Learn your camera. Custom configure your camera for the best images. We go through all of the functions of your camera, learn your aperture, shutter speed, ISO then taking pictures in manual mode. You will be taking photos with the camera away from auto mode.

Learn Your CANON Digital SLR 7668 Camera | Virtual Class

Session 1 W 7:00-8:00pm 6/9-6/30 \$60.00 I/D; \$78.00 O/D

Learn Your NIKON Digital 7668 SLR Camera | Virtual Class

Session 1 W 7:00-8:00pm 7/7-7/28 \$60.00 I/D; \$78.00 O/D

Learn Your SONY Digital 7668 Mirrorless Camera | Virtual Class

Session 1 W 7:00-8:00pm 8/4-8/25

\$60.00 I/D; \$78.00 O/D

MUSIC

Carl Ventis has 50 years experience in the music industry and is an invigorating, inspiring and talented teacher whose teaching skills spans across multiple instruments, including ukulele, acoustic and electric guitar and bass. Carl believes learning to play the ukulele is fun, easy and uplifting.

Carl is Central Oregon's Kamoa and Islander Ukulele dealer for over 10 years. Carl also has a YouTube channel for both ukulele and guitar. For more information check out Carl's website at snowdukesukes.com.

Beginner 1 Ukulele

7380

14 Yrs. & Up | RAPRD Activity Center | 4:30-5:30pm

Join the growing group of friendly folks who are having a great time playing the ukulele. Learn basic chords, progressions and strumming patterns. You'll even play popular songs at the very first class. No experience? No problem! Ukuleles are available to rent from your instructor, Carl Ventis, just give him a call at (541) 948-9949. Baritone ukuleles are not covered. This is a fun simple instrument that you will be amazed at how easy it is to learn.

Session 1	M	6/7 - 6/28
Session 2	M	7/5 - 7/26
Session 3	М	8/2 - 8/23
Session 4	M	9/6 - 9/27

\$60.00 I/D; \$78.00 O/D

Beginner 2 Ukulele

7380

14 Yrs. & Up | RAPRD Activity Center | 5:45-6:45pm

Now you are ready to learn more about your amazing ukulele. We'll take you beyond beginning ukulele and emphasize new strumming and picking techniques while learning to play more advanced chords and songs. You'll play the songs you love. You are going to enjoy this class as you progress your ukulele skills. Please have some experience if you are not taking the Beginner 1 class.

Session 1	M	6/7 - 6/28
Session 2	M	7/5 - 7/26
Session 3	M	8/2 - 8/23
Session 4	M	9/6 - 9/27

\$60.00 I/D; \$78.00 O/D

Beginner 1 Guitar

7371

14 Yrs. & Up | RAPRD Activity Center | 4:30-5:30pm

Learn the basics of acoustic guitar. Topics include rhythm technique, basic chords, playing with others and music theory. We will ensure individual attention, a fun learning environment and opportunity to address questions. Students will need their own acoustic guitar.

Session 1	TU	6/1 - 6/22
Session 2	TU	7/6 - 7/27
Session 3	TU	8/3 - 8/24
Session 4	TU	9/7 - 9/28

\$60.00 I/D; \$78.00 O/D

Beginner 2 Guitar

7371

14 Yrs. & Up | RAPRD Activity Center | 5:45-6:45pm

In beginner 1 guitar we learned basic chords, basic strumming and very basic songs. In beginner 2 guitar, we will expand our knowledge base and learn how to use different strum patterns. We will also incorporate picking and simple bar chords to extend our chord and song knowledge, along with music theory. Improve your skills and build your confidence. Please have some experience if you are not taking the Beginner 1 class.

Session 1	TU	6/1 - 6/22
Session 2	TU	7/6 - 7/27
Session 3	TU	8/3 - 8/24
Session 4	TU	9/7 - 9/28

\$60.00 I/D; \$78.00 O/D

MUSIC (cont'd)

Ukulele or Guitar Summertime 2021

It's summertime and it's the perfect time to learn the Ukulele and Guitar.

Ukulele Intermediate

14 Yrs. & Up | RAPRD Activity Center | 4:30-5:30pm

This class will feature "Songs of the Summer". The Beach Boys, Jason Marz and many more, it will give you your own summertime playlist, with simple fun sing along songs your friends and family will love to hear you play. They will want to hear them again and again. Prerequisite: Beginning 1 Ukulele

Session 1	TH	6/3 - 6/24
Session 2	TH	7/1 - 7/22
Session 3	TH	8/5 - 8/26
Session 4	TH	9/2 - 9/23

\$60.00 I/D; \$78.00 O/D

Guitar Intermediate

14 Yrs. & Up | RAPRD Activity Center | 5:45- **7371** 6:45pm

This class will feature "Songs of the Summer". The Beach Boys, Jason Marz and many more, it will give you your own summertime playlist, with simple fun sing along songs your friends and family will love to hear you play. They will want to hear them again and again. Prerequisite: Beginning 1 Guitar.

Session 1	TH	6/3 - 6/24
Session 2	TH	7/1 - 7/22
Session 3	TH	8/5 - 8/26
Session 4	TH	9/2 - 9/23

\$60.00 I/D; \$78.00 O/D

DAY CAMP

Summer Activity Club

10nm

7380

K-6th Grades | REACH | M-F | 8:00am - 3:00pm

RAPRD in partnership with REACH has planned a fun summer of day camps for youth in Kindergarten – fifth grades. Each camp will offer a variety of art, science, nature, and movement activities. Each camp will have a maximum of 20 campers in a pod with the same staff during the camp.

June 21-25	July 5-9
July 12-16	Julý 12-16
July 19-23	July 26-30
August 2-6	August 9-13
August 16-20	August 23-27

Space is limited. Preregistration is required; no dropins allowed. The fastest registration is online at https://apm.activecommunities.com/coprd/. You can register in person at RAPRD facilities; CSC and the Activity Center.

\$150 per week I/D; \$195 per week O/D

STEAM CAMP

Fun Works Engineering Intro to 7673 STEAM using Lego®

5-7 Yrs. | RAPRD Activity Center | 9:00am-12:00pm

Students are introduced to (STEAM) Science, Technology, Engineering, Art and Math using motorized Lego®. Every project is built by students step by step with no one left behind. All projects may be modified and decorated while playing. Add wings, jets and a mini figure and create a flying jet car. Imagination has no barriers. A gear drive electric vehicle, a belt drive motorcycle and a monorail are just a few of the fun, exciting, educational projects built at camp.

Season 1	M-F	7/12-7/16
Season 2	M-F	8/16-8/20

\$140.00 I/D; \$182.00 O/D

Fun Works Engineering STEAM 7673 using Lego®

8-11 Yrs. | RAPRD Activity Center | 1:00-4:00pm

Students are introduced to (STEAM) Science, Technology, Engineering, Art and Math using motorized Lego®. This program is similar to the Intro program with additional projects added that are more advanced and challenging to build. All projects may be modified and decorated while playing. Students use imagination, experimentation and trial & error which are part of being an Engineer. An advanced robot walker, an inchworm vehicle are just a few of the fun, exciting, educational projects built at camp.

Season 1	M-F	7/12-7/16
Season 2	M-F	8/16-8/20

\$140.00 I/D; \$182.00 O/D



Say Cheese! For program promotion purposes, photographs may be taken of participants from time to time. If you do not wish to have your photo taken, please notify the photographer and/or class instructor. Photos may be used in publications and/or on our website.

YOUTH TECH CLASSES

Youth Tech Inc. is an interactive computer camp that focuses on providing enrichment opportunities to students in the world of computers. With a caring environment at the core of camp values, Youth Tech strives to create a positive learning community that encourages creativity, fun and academic excellence. For more information about Youth Tech Inc. please visit our web site at www.youthtechinc.com. **The classes listed below are in-person.**

iGame Creators

7673

6-10 Yrs. | RAPRD Activity Center | 1:00-3:30pm

Want to create video games? This is an introductory course for younger students who want to learn to build simple video games. This course combines the art of video game design and animation to create interactive characters that fly around the screen. Amaze your friends and family with your fun interactive games. **Limited to 4 students.**

Session 1

TU-F

7/6-7/9

\$125.00 I/D; \$162.50 O/D

Gaming and Coding

7673

6-12 Yrs. | RAPRD Activity Center | 9:30am-3:30pm

This course combines two unbelievable experiences for students. Students will get access to an interactive look at coding and building virtual apps to share with friends. Students build simple video games combining the art of video game design and animation to create interactive characters that fly around the screen. Students are encouraged to bring a sack lunch. **Limited to 6 students**.

Session 1

TU-F

7/6-7/9

\$245.00 I/D; \$318.50 O/D

iCode 7673

6-12 Yrs. | RAPRD Activity Center | 9:30am-12:00pm

This course offers younger students a fun, interactive look at coding. Students will create virtual apps and write their own programs that they can share with friends and family. This course makes learning to code fun and explores problem solving and programming logic. Students will have access to their account so the learning does not end at the door. Students should be able to read prior to taking this course. Limited to 4 students.

Session 1

TU-F

7/6-7/9

\$125.00 I/D; \$162.50 O/D

7673

Animation

9-17 Yrs. | RAPRD Activity Center | 9:00am-12:00pm

In this class students will learn the basics of animation and digital design. Students who enjoy going to various sites to see fun interactive animations will love this course. This class will utilize award winning animation software. Students will create fun interactive animations that they can share with the world. **Limited to 10 students.**

Session 1

TU-F

8/2-8/5

\$160.00 I/D; \$208.00 O/D

Video Game Design

7673

9-17 Yrs. | RAPRD Activity Center | 1:00-4:00pm

This course provides students with a fun interactive look at the world of video game design and development. Students enrolled in this camp will learn the basics of video game design and produce several different interactive video games to share with their friends and family. **Limited to 10 students.**

Session 1

TU-F

8/2-8/5

\$175.00 I/D; \$227.50 O/D



Like us on Facebook

www.facebook.com/Redmond-Area-Park-and-Recreation-District

YOUTH TECH VIRTUAL CLASSES

Youth Tech Inc. is an interactive computer camp that focuses on providing enrichment opportunities to students in the world of computers. Our online classes provide students with a roadmap to success offering students a self-paced course structure filled with software, notes and tutorials. Our camps also offer support throughout the experience with a dedicated email, phone and optional Zoom sessions. With a caring environment at the core of camp values, Youth Tech strives to create a positive learning community that encourages creativity, fun and academic excellence. For more information about Youth Tech Inc. please visit our web site at www.youthtechinc.com.

Video Game Design

7673

10-17 Yrs. | Zoom

This course provides students with a fun interactive look at the world of video game design and development. Students enrolled in this camp will learn the basics of video game design and produce several different interactive video games to share with their friends and family.

Access June 1 - Sept. 30 \$125.00 I/D; \$162.50 O/D

Movie Makers

7673

9-16 Yrs. | Zoom

This hands-on, interactive course will instruct students on the world of digital video design and production. Students will film, direct and edit their own digital video creations. Students enrolled in this course will amaze their peers with green screen and special effects work.

Access June 1 - Sept. 30

\$125.00 I/D; \$162.50 O/D

Gaming and Coding

7673

6-12 Yrs. | Zoom

This course combines two unbelievable experiences for students. Students will get access to an interactive look at coding and building virtual apps to share with friends. Students build simple video games combining the art of video game design and animation to create interactive characters that fly around the screen.

Access June 1 - Sept. 30

\$245.00 I/D; \$318.50 O/D

Graphic Design

7673

9-17 Yrs. | Zoom

This session will cover the basics of graphic design concepts and give students a platform to create their imagination. Students enrolled in this course will learn how to manipulate images using powerful image editing software. At the end of this course students will have a portfolio of images to share with friends and family to create the image that they envision.

Access June 1 - Sept. 30

\$125.00 I/D; \$162.50 O/D

iCode

7673

6-12 Yrs. | Zoom

This course offers younger students a fun, interactive look at coding. Students will create virtual apps and write their own programs that they can share with friends and family. This course makes learning to code fun and explores problem solving and programming logic. Students should be able to read prior to taking this course.

Access June 1 - Sept. 30 \$125.00 I/D; \$162.50 O/D

Application Design

7673

9-15 Yrs. | Zoom

This course offers students a hands-on look at the world of application design and development. This interactive course will instruct students about the design and development of applications. Students will design their own app, which can be shared with friends and family members with an Apple or Android device.

Access June 1 - Sept. 30 \$125.00 I/D; \$162.50 O/D

iGame Creators

7673

6-10 Yrs. | Zoom

Want to create video games? This is an introductory course for younger students who want to learn to build simple video games. This course combines the art of video game design and animation to create interactive characters that fly around the screen. Amaze your friends and family with your fun interactive games.

Access June 1 - Sept. 30

\$125.00 I/D; \$162.50 O/D

10

www.raprd.org

TENNIS CLINICS

Adult & Youth Tennis

Learn to Play

4265

19 Yrs. & Up | Valleyview Courts | 6:00-7:00pm

Learn a lifetime sport, make new friends. Improve your fitness, hand-eye coordination and agility. Learn proper racquet skills - forehand, backhand volleys and serve. Learn court position, tennis etiquette and rules. Loaner racquet available.

Session 1	TU	6/1-6/22
Session 2	TU	6/29-7/20
Session 3	TU	7/27-8/17

\$60.00 I/D; \$78.00 O/D 4 weeks

Adult Live Ball: 3.0-4.0

4265

19 Yrs. & Up | Valleyview Courts | 6:00-7:00pm

The drills will focus on the 5 play situations of match play. Net, baseline, serve & returns and passing shots & lobs.

Session 1	TH	6/3-6/24
Session 2	TH	7/1-7/22
Session 3	TH	7/29-8/19

\$60.00 I/D; \$78.00 O/D 4 weeks

Orange Ball

1267

6-10 Yrs. | Valleyview Courts | 11:00am-12:00pm

This class will cover all stroke fundamentals, serves, volleys, forehand and backhand strokes and fun action court games. A low compression orange ball will be used.

Session 1 SA 6/5-6/26 Session 2 SA 8/7-8/28

\$50.00 I/D; \$65.00 O/D

Junior Development

1267

11-13 Yrs. | Valleyview Courts | 10:00-11:00am

This class will cover different stroking patterns including, groundstrokes, overheads, serves and returns.

Session 1 SA 6/5-6/26 Session 2 SA 8/7-8/28

\$50.00 I/D; \$65.00 O/D

Youth Tennis Clinic

9260

4-18 Yrs. | Sam Johnson Park | Times below

Our tennis program offers something for youth of all ages and abilities from the total beginner to the well-seasoned veteran. You can start with any session during the summer for a great tennis experience. Our teaching professional, Nathan Saito has more than 20 years of teaching experience and is currently the head tennis coach for Redmond High School.

2 Week Session:

Session 1 M-TH 6/28-7/8 Session 2 M-TH 7/12-7/22

4-6 Yrs. 8:00-9:00am 7-8 Yrs. 9:00-10:00am 9-11 Yrs. 10:00-11:00am

\$60.00 I/D; \$78.00 O/D

12-18 Yrs. 11:00am-12:30pm

\$75.00 I/D; \$97.50 O/D

1 Week Session:

Session 1 M-TH 7/26-7/29

4-6 Yrs. 8:00-9:00am 7-8 Yrs. 9:00-10:00am 9-11 Yrs. 10:00-11:00am

\$30.00 I/D; \$39.00 O/D

12-18 Yrs. 11:00am-12:30pm

\$40.00 I/D; \$52.00 O/D

High School Tennis

4265

13-17 Yrs. | Valleyview Courts | 11:00am-12:30pm

This class is for players that have played Varsity or Junior Varsity team tennis. All drills will be based on the 5 playing situations of match play; groundstrokes, net, passing shots & lobs and serve & returns.

Session 1 TU/TH 8/3-8/29

\$100.00 I/D; \$130.00 O/D

SPORTS CAMPS

UK International Soccer Camp

3611

4-14 Yrs. | High Desert Sports Complex

Our coaches from the United Kingdom have designed an educational curriculum that focuses on the different levels of development. They instill a philosophy of safety and fun to provide an environment in which children can learn. This ensures, "the best possible soccer experience". The various programs offer games to build confidence, technical development and challenging game-related situations to enhance the knowledge depending on the age level. Participants should bring a water bottle, sunscreen and for the full day camp, please bring a snack lunch. This camp comes highly recommended by soccer parents.

Session 1 M-F 7/12-7/16

1/2 day 9:00am-12:00pm

\$136.00 I/D; \$177.00 O/D

Full day 9:00am-3:00pm \$180.00 I/D; \$234.00 O/D

Fun in the Sun (4-6 Yrs.) 1/2 day only Skills 'n Drills (7-10 Yrs.) 1/2 or full day Compete with Your Feet (11-14 Yrs.) 1/2 or full day

Flag Football Camp with Coach Ernie Brooks 3651

7-14 Yrs. | Location TBD | 9:00-11:00am

Come join Coach Brooks for this fun week long camp to learn the fundamentals of football. Learn to dodge, dart and escape those flag pullers in the defense. Refine those skills needed to punt, pass and kick to make those touchdowns. Both boys and girls are encouraged to attend. Bring a water bottle to camp daily. *Registration deadline is Friday, July 16th.*

Session 1 M-F 8/2-8/6

\$68.00 I/D, \$88.50 O/D

Youth Basketball Camp with Coach Ernie Brooks 3609

7-14 Yrs. | Location TBD | 12:00-2:00pm

Skills, drills and games. Regardless of participant's level of play, this basketball camp will provide them with skills to improve their game. Beginning with passing, dribbling, shooting and rebounding, skills will progress to games that build up to play. *Registration deadline is Friday, July 16th.*

Session 1 M-F 8/2-8/6

\$68.00 I/D, \$88.50 O/D

Truck Stop Action Sports Scooter 3685 Camp

6-17 Yrs. | Redmond Skatepark

Learn skills and tricks with pro scooter instructors and enjoy progressing in the sport while we have a blast with games and activities. Riders will be divided into groups based on age and skill level. Camps will feature pro scooter instructors and will include appearances from guest pro scooter riders!

Scooter Camp M-TH 7/26-7/29 9am-1pm

\$215.00 I/D; \$279.50 O/D

Junior Golf Clinic

3629

8-12 Yrs. | Eagle Crest | 4:00-5:45pm

Eagle Crest Golf professionals have designed a one-week program that combines 8 hours of fun, games, drills and play. Sign up now as space is limited! Eagle Crest will provide clubs if needed. For additional information call Kevin Story, Lead Golf Professional/Academy Director at (541) 504-3877.

Session 1 F-SU 6/21-6/24 Session 2 F-SU 7/26-7/29

\$80.00 I/D; \$104.00 O/D

SOCCER LEAGUES

Tykes Soccer League

1200

PreK-1st Grades | High Desert Sports Complex

Tykes soccer is all about having fun and learning a new sport for our youngest soccer stars. Over an 8-week season, players will practice once a week and will have one game day, weather permitting, each Saturday. All games will take place at the High Desert Sports Complex while practices are dependent on the volunteer coach. RAPRD provides player jerseys. Parents are responsible for providing shorts, shin guards, socks and a size-3 soccer ball. PreK must be 4 years old by registration deadline. *Registration deadline is Wednesday, July 14th.*

Season dates: SA 9/11 - 10/30

\$65.00 I/D; \$84.50 O/D

2nd & 3rd Grade Instructional 1200 Leagues

2nd-3rd Grades | High Desert Sports Complex

2nd & 3rd graders are formally introduced to the fundamentals of soccer. Practices and games will be a little longer and the teams, field and soccer balls will be larger in this next step of the RAPRD soccer experience. Parents can expect their soccer players to learn the basics of dribbling, passing and shooting in a personalized, interactive and fun environment. All games will take place at High Desert Sports Complex on Saturdays, weather permitting. Practices are held once-a-week, dependent on the volunteer coach. RAPRD will provide player jerseys. Parents provide shorts, shin guards, socks and a size-4 soccer ball. *Registration deadline is Wednesday, July 14th.*

Season dates: SA 9/11 - 10/30

\$65.00 I/D; \$84.50 O/D

Volunteer coaches are needed for our Youth Sport Leagues. You can apply when registering your child. Your assistance will assure the success of our Leagues. We greatly appreciate all of our volunteers.

4th & 5th Grade Novice Developmental Leagues

1200

4th-5th Grades | High Desert Sports Complex

The 4th & 5th grade leagues is the next step in the RAPRD developmental process. Soccer fundamentals continue to be taught and promoted and more advanced concepts are introduced. Experience gained in the development league prepares participants for the demands of playing in a more physically and mentally challenging environment. RAPRD provides player jerseys. Parents provide shorts, shin guards, socks and a size-4 soccer ball. Practices are held twice-a-week for 8-weeks, based on the request of each volunteer coach. Games are held on Saturday each week at the High Desert Sports Complex, weather permitting. *Registration deadline is* Wednesday, July 14th.

Season dates: SA 9/11 - 10/30

\$80.00 I/D; \$104.00 O/D

Coaches

Volunteer coaches are needed for our youth sports leagues. Your assistance will assure the success of our youth leagues.

All of our coaches must fill out a volunteer coaches form consenting to a background check, attend a pre-season coaches clinic, complete concussion training and participate in a coaches clinic. Volunteer coaching forms are located on our website or picked up at either the Cascade Swim Center or Activity Center and must be returned prior to the registration deadline.

Team rosters and supplies will be handed out at the coaches clinic provided your background check is current. Practice times and locations will be chosen at the clinic.

We greatly appreciate all of our volunteer coaches.

The High Desert Sports Complex is ready to rent for your softball event. Please contact Mike Elam at (541) 526-1847 for available dates.

RAPRD ACTIVITY CENTER



RAPRD Activity Center 2441 SW Canal Blvd. Redmond, OR 97756

Activity Center Hours

The Activity Center is operating on a reservation basis only. Please visit our website to see the schedule and book a time. Go to <u>raprd.orq</u> and select Reservations on the menu bar.

Facility Amenities:

We offer an upper and lower activity room, multipurpose room, weight equipment, and fitness classes.

Public Showers and Lockers

Public showers and lockers are not available in keeping with the COVID-19 guidelines and restrictions.

Facility Closures:

July 4 Closed all Day Sept. 6 Closed all Day

Watch our Facebook page for opportunities and times to check out fitness equipment to participate in our virtual classes.

Facility Passes

of passes to suit your needs. All passes are for the RAPRD Activity Center with the exception of the combo pass which includes the Cascade Swim Center. If signing up as a couple, be sure to ask about the couples pass. Each new pass-holder will receive a pal pass so your friend can work out to.

We offer a large variety

Please note: Home schooled students may count activities towards their PE Credit.

Weight Equipment & Open Gym 14 Yrs. & UP

Adult \$3.50I/D; \$4.50O/D Youth \$2.50I/D; \$3.25O/D Senior \$2.50I/D; \$3.25O/D

Open gym, cardio and weight equipment is available during operating hours.

Fitness Class Drop-in: 14 Yrs. & UP

\$3.50 I/D; \$4.50 O/D

Open gym, cardio and weight equipment is available during the Activity Center operating hours. Please visit our website to book a time. Go to raprd.org and select Reservations on the menu bar.

I/D—In district cost; O/D—Out of district cost. For more information see page 3.				
General Pass	1 month	6 months		
Full Access Pass	\$30 I/D \$39.00 O/D	\$158 I/D \$205.50 O/D		
Pass includes: unlimited fitness classes, weigh	nts, cardio equipment			
12 Visit Punch Card	\$28 I/D \$36.50 O/D			
Pass includes: Fitness classes, weights cardi	o equipment			
Couples Full Access Pass	\$50 I/D \$65.00 O/D	\$264 I/D \$343.50 O/D		
Pass includes: unlimited fitness classes, weigh	nts, cardio equipment			
Family Full Access Pass	\$95 I/D \$123.50 O/D	\$502 I/D \$652.50 O/D		
Pass includes: unlimited fitness classes, weigh	nts, cardio equipment			
Senior 60+ Disability	\$25 I/D \$32.50 O/D	\$121 I/D \$157.50 O/D		
Pass includes: weights, cardio equipment				
Youth Unlimited Pass, 14-18	\$20.00 I/D \$26.00 O/D			
Pass includes: unlimited fitness classes, weigh	its, cardio equipment.			
Youth Unlimited Pass, 8-13	\$15.00 I/D \$19.50 O/D			
Pass includes: unlimited basketball, racquetball, wallyball				
AC/Pool Fitness Combo Pass	\$56 I/D \$73 O/D	\$296 I/D \$385.00 O/D		
Pass includes: land fitness classes, weights, cardio equipment, aqua fitness and lap/recreation swim				
Couples AC/Pool Combo Pass	\$92.50 I/D \$120 O/D	\$488.50 I/D \$635 O/D		
Pass includes: unlimited fitness classes, weights, cardio equipment, CSC lap/recreation swim and aqua fitness				

Redmond Activity Center Group Fitness Schedule Summer 2021 (Begins June 2021)

Time	Monday	Tuesday	Wednesday	Thursday	Friday
5:45-6:45am		Kickstart Conditioning		P90X®	
7:45-8:45am	Fitness 4 Life	Zumba® Gold	Fitness 4 Life		Zumba® Gold
9:15-10:20am	Powercut Plus	Balance & Core	Powercut Plus	Balance & Core	Cardio Kickboxing
10:30-11:30am	Silver Sneaker Classic (Chair) Pre-registration required		Silver Sneaker Classic (Chair) Pre-registration required		
12:00-1:00pm	Kids Fitness Small Group Training Pre-registration required		Kids Fitness Small Group Training Pre-registration required		

Fitness class drop-in \$3.50 or \$28.00 I/D for a 12 session punch card. Unlimited group fitness, weights and cardio equipment is just \$30.00 I/D per month with NO contract. All classes are located at the RAPRD Activity Center, 2441 SW Canal Blvd., Redmond OR 97756, (541) 526-1847.

All classes are subject to change due to attendance. Please contact the RAPRD Activity Center for an updated schedule or visit our website at www.raprd.org.

Visit our website to reserve your spot for classes and weight/cardo workouts. These classes and activities are limited in attendance, www.raprd.org/book-online.

FITNESS & WELLNESS

Kickstart Conditioning

14 Yrs. & Upl RAPRD Activity Center

Kickstart your morning with this energetic workout that incorporates strength, cardio & core in one workout. This class focuses on toning your muscles with intermittent cardio bursts. Exercises can be modified for all fitness levels and the workout is different each day.

Tuesday 5:45-6:45am Both classes are currently canceled. P90X®

14 Yrs. & Up | RAPRD Activity Center

A variety of strength training moves, cardio conditioning & core work. This innovative format helps you build strong, lean muscle and bust through any plateaus that stand in your way.

Thursday 5:45-6:45am

Powercut Plus

14 Yrs. & Up | RAPRD Activity Center & Virtual

Grab your friends for a party! This weightlifting class uses free-weights, resistant bands, stepper and fitness balls along with great music to get you through an hour of head to toe muscle work. Cardio intervals are interjected between strength sets. Every class is different and all levels are welcome.

Monday & Wednesday 9:15-10:20am (Offered in person and virtually)

Cardio Kickboxing

14 Yrs. & Up | RAPRD Activity Center & Virtual Jab, cross, hook and uppercut will be the terminology used to get your heart racing in this high energy pre-choreographed cardio endurance based class.

Friday 9:15-10:20am

FITNESS & WELLNESS

Balance & Core

14 Yrs. & Up | RAPRD Activity Center & Virtual

This is a blend of Pilates and Yoga moves. Along with added strength and core conditioning, this class is designed to help with flexibility, posture and focus on the core muscles. Flexibility is the most overlooked element of fitness; make it a part of your schedule.

Tuesday & Thursday 9:15-10:20am (Offered in person and virtually)

SENIOR FITNESS

Zumba Gold®

50 Yrs. & Up | American Legion Park

Experience the dynamic energy of Zumba in a low impact version. This class is great for active older participants or a true beginner with no previous experience who wishes to add the fusion of Latin moves to their workout.

Tuesday & Friday

7:45-8:45am

Fitness 4 Life

50 Yrs. & Up | RAPRD Activity Center & Virtual

This class is 20 minutes of low impact moves, 20 minutes of strength exercises designed to increase range of motion and 20 minutes of balance and flexibility. Hand-held weights, elastic tubing, stepper and fitness balls are offered for resistance. Class uses a stepper and yoga mat. This is a great class for the beginner or the active older adult.

Monday & Wednesday 7:45-8:45am (Offered in person and virtually)

Silver Sneakers Classic (Chair)

50 Yrs. & Up | RAPRD Activity Center

This class will begin June 7th

Silver Sneakers Classic focuses on strengthening
muscles and increasing range of movement for daily
life activities. Participants can use hand-held
weights, elastic tubing with handles and a Silver
Sneakers ball. Often a chair is used for seated
exercises or standing support. Pre-registration is
required. This class is in person only.

Monday & Wednesday

10:30-11:30am

Unfortunately this class has been canceled for the summer. We hope to bring it back in the fall.

FITNESS PARTNERS

RAPRD is a partner with Silver & Fit®, Silver Sneakers® and Renew Active® for fitness classes, weight/cardio equipment, lap swim and water walking to help older adults achieve better health through regular exercise and health education. These partners provide eligible members with no-cost or low-cost fitness memberships and older adult - oriented group exercise classes, through arrangements with certain health plans.

Please contact the reception staff at Cascade Swim Center or RAPRD Activity Center to see if you are eligible for one of these programs.





Renew Active

by **∭** UnitedHealthcare

Personal Training offers you the opportunity to work exclusively with a certified trainer whose primary focus is to help you reach new heights in fitness, whatever your goals. Each session is tailored to meet your individual goals. Personal training sessions are one hour each. To schedule an appointment please call the RAPRD Activity Center at (541) 526-1847.

1 Session 5 Sessions 10 Sessions

\$30.00 I/D, \$37.50 O/D \$120.00 I/D, \$156.00 O/D \$230.00 I/D, \$299.50 O/D

AQUA WELLNESS

Redmond Aqua Wellness

Redmond Aquatic Wellness is a holistic aquatic health and fitness program. With our emphasis on wellness our classes target the different areas of fitness; cardiorespiratory endurance, muscular strength and endurance, range of motion, posture and stretching. The water is a unique environment making aqua fitness versatile and inclusive. In collaboration with local healthcare providers, Redmond Aquatic Wellness programs utilize the latest in exercise science to meet the needs of our community. Our program offers classes for all levels of exercisers; from athletes to health seekers, we have a program to suit your needs.

Our Aquatic Wellness classes offer effective classes that are safe and fun. Amazing health and fitness goals can be achieved with water exercise and our programming will help you get there. Instructors work with 4 categories of class styles; Cardio H2O cardio aerobic focused, Cardio Tone - with the emphasis on muscular strength and endurance, Circuit Challenge - is a different style for the instructor to group exercise combinations and Waves - a class made up of various intervals. We offer our Aqua Gold and Aqua Motion for active older adults, beginners and for those with movement challenges. Aqua Zumba® is a class of traditional water moves and modified dance flavors set to Latin and World music. Pick up an Aquatic Fitness schedule addendum at the pool or check our Facebook page under the *note* section for our current schedule and class descriptions. If you have questions or concerns, or to find the right class for you, contact Robin Gaudette, RN, Aquatic Wellness Coordinator at: robin.gaudette@raprd.org or call her at (541) 548-6066.

Due to COVID-19 restrictions our class offerings are limited so that we are able to accommodate all of our aquatic activities in the daily schedule.

Wellness Connection

16 Yrs. & Up | Cascade Swim Center or Virtually on Zoom

As part of RAPRD's Aquatic Wellness Program, all new participants are offered a complimentary Wellness Connection with the Aquatics Wellness Coordinator. A Wellness Connection may include a review of exercise and pertinent health history, blood pressure, heart rate and exploration of your wellness needs and goals related to fitness. This will help you choose the program at the Cascade Swim Center that will fit your needs. *Initial appointments can be done via the phone or a virtual meeting on Zoom.* You can make an appointment with Robin via email at robin.gaudette@raprd.org or call her at (541) 548-6066.

Get Your Feet Wet: Introduction to Aquatic Fitness

16 Yrs. & Up | Zoom Virtual Class | FREE

Have you been interested in trying aquatic fitness classes but want to know more? Are you starting a new fitness regimen and want to know what aquatic wellness program best suits your needs? Or are you a current student that wants to make sure you are getting the most from your class? Learn what makes this environment different and how to manipulate the benefits of water in your favor. This class will be offered as a Zoom virtual class. You can participate in the class from your computer, phone or tablet. You must be able to download the Zoom program or app. A camera and microphone are not required but will help you participate and ask questions during the class. Contact Robin Gaudette for instructions and an invitation to the class at <u>robin.gaudette@raprd.org</u>. Pre-registration is required. An access code to the program will be emailed to registered participants at least 30 minutes prior to the program start time.

Session 1	5/3	1:00pm-3:00pm
Session 2	6/1	11:00am-1:00pm
Session 3	7/15	11:00am-1:00pm
Session 4	8/24	1:00pm-3:00pm
Session 5	9/9	1:00pm-3:00pm

Virtual Wellness Enhancement Classes -All About Aqua - Head to Toe

16 Yrs. & Up | Zoom Virtual Class | FREE

Join Robin Gaudette, RN, Aquatic Exercise Specialist for a series of 3 virtual classes learning about 3 areas of your body that need extra attention as we age or have physical challenges. Learn techniques you can practice on land and in the water and how to enhance movements in the water to take full advantage of the properties of the water. This class will be offered as a Zoom virtual class. You can participate in the class from your computer, phone or tablet. You must be able to download the Zoom program or app. A camera and microphone are not required but will help you participate and ask questions during the class. Contact Robin Gaudette for instructions and an invitation to the class at robin.gaudette@raprd.org. *Pre-registration is* **required**. An access code to the program will be emailed to registered participants at least 30 minutes prior to the program start time.

Session 1	Back & Posture	5/20	11:00am-1:00pm
Session 2	Shoulders	6/15	11:00am-1:00pm
Session 3	Feet	7/22	11:00am-1:00pm

AQUATIC WELLNESS

Aquatic Fitness Classes

16 Yrs. & Up | Cascade Swim Center

Aqua Fitness is a healthy way to get in shape while having fun. This fitness option limits stress on joints, improves balance and flexibility, cardiorespiratory health, muscular strength and endurance. Classes are designed to give a full body workout and are adjustable to all abilities. No swimming ability necessary. We are currently offering Cardio H20, Cardio Tone and Aqua Zumba® on our class schedule. Check out the pool schedule on our website, pick up an Aquatic Fitness schedule addendum at the pool or check our Facebook page under the note section for our current schedule and class descriptions. Please contact robin.gaudette@raprd.org with any questions or concerns.

To schedule a class, go to our website <u>raprd.org</u> and click on <u>Reservations</u> for available days and times.

\$3.50 I/D; \$4.50 O/D drop-in \$35.00 I/D; \$45.50 O/D monthly pass

Recreation Swim

All ages | See Website for days and times

Recreation swims are open by reservation only, each reservation session is an hour long. You may reserve recreation swim times up to seven days in advance. Recreation swims have a facility maximum of **30 people**, everyone entering the facility will need to register and pay admission fees, including spectators.

Please come to the facility no more than 5 minutes prior to your reservation time. We encourage you to come to the facility prepared to get into the water. Only one shower per locker room will be open. Locker rooms will be open to 3 patrons/household units at a time.

Children below 42" in height or 7 years and under must be accompanied and supervised in the water at all times by a responsible patron 16 years or older.

Lap Swim/Water Lane Reservations

All Ages | See Website for Days and times

Swim lanes are available for lap swim or water walking by reservation only. One person per lane unless you are in the same household. Household members may share a lane. Please come to the facility no more than 5 minutes prior to your scheduled swim time.

We encourage you to come to the facility prepared to get into the water, only one shower per locker room will be open.

CSC RENTAL

Private Pool Rentals

Rent the pool for your next party or family gathering. The pool is available for one or two-hour sessions or two and one half hour sessions for up to 25 people.

All fees are due at time of reservation.

The lobby is closed.

CASCADE SWIM CENTER



Cascade Swim Center 465 SW Rimrock Dr. Redmond, OR 97756 (541) 548-6066

The Cascade Swim Center is operating on a reservation basis only. Please visit our website to see the weekly schedule and to book a time. Go to www.raprd.org and select Reservations from the menu bar.

Facility Amenities:

A 25 meter indoor pool, diving boards, seasonal canopied outdoor wading pool, ADA showers, family dressing rooms, locker rooms. Average indoor pool temperature is 84°F. Lockers are not available due to COVID-19 restrictions. Only one shower is operation in each locker room due to COVID-19 restrictions.

Spa:

The spa is not available due to COVID-19 restrictions.

Pool Closures:

July 4th Closed all day Aug. 27-29 (Jamboree) Closed all day Sept. 6-12 (Fall Shutdown) Closed all day

Please watch for announcements at the swim center or on our website regarding schedule changes.

Dressing rooms:

Locker rooms are limited to three people at a time. Only one shower is operational in each locker room due to COVID-19 restrictions. The family rooms are open for those using the pool if needed. Please be courteous to other patrons by limiting your time.

General Admission Fees:

Adult (16 & up) \$3.50 I/D;\$4.50 O/D or 2 tickets

Child (1-15yrs) \$2.50 I/D;\$3.25 O/D or 1 ticket

Senior (60 & up)\$1.50 I/D;\$2.00 O/D or 1 ticket

Family \$12 I/D; \$15.50 O/D

or 5 tickets

To qualify for the family rate all members must reside in the same house, 6 people maximum.

General Pass	1 month	6 months	12 months	
Individual Pool Pass		\$135 I/D \$175.50 O/D \$200 I/D \$260 O/D		
Family Pool Pass		\$240 I/D \$312 O/D	\$390 I/D \$507 O/D	
Child Pool Pass		\$85 I/D \$110.50 O/D	\$140 I/D \$182 O/D	
Senior/Disability Pass		\$75 I/D \$97.50 O/D	\$120 I/D \$156 O/D	
Aqua Fitness Pass	\$35 I/D \$45.50 O/D	\$180 I/D \$234 O/D	\$300 I/D \$390 O/D	
Water Fit Combo Pass	\$45 I/D \$58.50 O/D	Aqua Fitness & Lap Swim		
Therapy Combo Pass	\$40 I/D \$52 O/D	Aqua Gold, Therapy Walking & Lap Swim		
RX Combo Pass	\$30 I/D \$39 O/D	Aqua Gold, Therapy Walk & Lap Swim (Requires doctor's recommendation and is limited to 4 consecutive months.)		
Ticket Book - 50 tickets	\$75 I/D \$97.50 O/D	Lap & Recreation Swim		
10 Visit Punch Card - Adult	\$32 I/D \$41.50 O/D	Lap Swim, Recreation Swim & Aqua Fitness		
10 Visit Punch Card - Senior	\$12 I/D \$15.50 O/D	Lap & Recreation Swim		
10 Visit Punch Card - Child	\$22 I/D \$28.50 O/D	Lap & Recreation Swim		
Drop-in Classes	Adults \$3.50 I/D \$4.50 O/D	Youth \$2.50 I/D \$3.25 O/D	Senior \$1.50 \$2.00 O/D	

REDMOND AQUATIC ACADEMY

One of the programs we provide to the community that we feel is most vital is swim lessons programming and water safety instruction. There are many limitations to how programming can be safely and legally conducted at this time, due to COVID-19. In order to continue to provide swim lesson services to our community, under these restrictions, we have had to alter our swim lesson programs. We will be running one-on-one lessons, with one participant and one instructor. Because these lessons will be more intensive and individually directed, this will allow for more tailored learning and rapid skill acquisition. For this reason, we are able to offer week long programming that is focused on the progress of the individual participant. There is very limited space in the locker rooms and on the deck, only the participant and one guardian are permitted in the facility during the class. The lobby is closed.

Participants are encouraged to shower at home and come dressed for class. Masks are required for all in the facility, outside of the water. Please maintain social distance of at least 6 feet from non-household members while in the facility.

Waterbabies

6 months - 3 Yrs.

Waterbabies is a class that allows parents to interact with their children in a swim lesson environment. Waterbabies program is designed for children ages 6 months through 3 years. The program requires that a parent or guardian participate in the water with their child. There are **6 spots** available per class.

Session times: 10:50-11:20am; 5:50-6:20pm; Session days: M-F Session dates:

June 21-25
July 5-9
July 19-23
August 2-6
August 16-20
August 30-September 3

June 28-July 2
July 12-16
July 26-30
August 9-13
August 23-27

\$60.00 I/D; \$78.00 O/D

Junior Eels Pre-Competition (Levels 1 & 2)

6 - 11 Yrs. | TU & TH | 5:00-5:40pm

Junior Eels is a pre-competitive program closely linked to our age group Swim Team, Redmond Aquatic Club Eels (RACE.) This course is 10 sessions long, on Tuesdays and Thursdays, with the goal of teaching young swimmers the basics they will need for swim team practices and competitions. Young swimmers who have an interest in joining swim team, and have swim skills equivalent to Redmond Aquatic Academy's green level or higher (must be able to swim full lengths of the pool, safely, and have a basic knowledge of breaststroke and butterfly). There are **6 spots** available per class.

May 11th-June 10th July 18th-July 20th

June 15th-July 15th

\$60.00 I/D; \$78.00 O/D

For the levels Preschool, Six and Up Basic and Six and Up Advanced, please indicate at the time of enrollment if the child is a complete beginner or has had some prior instruction. Students will be benchmark tested the first day of class to determine what level of instruction to begin at and proceed according to the acquisition of skills, tailored to individual achievement.

The six and up Advanced classes are taught entirely in the deep end and participants should be at a level that is commensurate with being able to swim in deep water.

Preschool Levels

3-5 Yrs.

There are **5** spots available per class.

Six and Up Basic Levels

6 - 11 Yrs.

There are **5 spots** available per class.

Six and Up Advanced Levels

6 - 11 Yrs.

There are **3 spots** available per class.

Session times: 10:15-10:45am; 10:50am-11:20am; 5:15-5:45pm; 5:50pm-6:20pm Session days: M-F; Session dates:

June 21-25
July 5-9
July 19-23
August 2-6
August 16-20
August 30-September 3

June 28-July 2
July 12-16
July 26-30
August 9-13
August 23-27

Cost: \$75.00 I/D; \$97.50 O/D