RAPRD Activity Center

December 23 - 28, 2019

Schedules are subject to change based on activities and needs. *Activities with an asterisk require registration prior to attending

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Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00am- 8:00am		Kickstart Conditioning (5:45 - 6:45)		P90X® (5:45 - 6:45)		
8:00am-9:00am	Fitness 4 Life	Zumba® Gold			Zumba® Gold	Saturday Hours 9:00am - 12:00pm
9:15am-10:20am	Powercut Plus	Balance & Core		Balance & Core	Cardio Kickboxing	Powercut Plus
10:45am-4:00pm	Open Basketball		CLOSED FOR THE CHRISTMAS HOLIDAY	*Little Sports Stars (1:00-1:30)	Open Basketball	
4:30pm-5:30pm	MIXxedfit® Dance Fitness	CLOSE AT 12:00 FOR THE CHRISTMAS				
5:35pm-6:35pm	PowerCut Plus	HOLIDAY		*Beginner Kendo Fencing (6:00-8:00) *Crazy About Art (5:00- 5:45)		
7:00 -9:00pm	Open Basketball				Open Basketball	Edited 11/25

Adult Drop-in Fee: \$3.50; Racquetball: \$3.50 drop-in/per hour / reserve the court ahead of time for \$1.00 Walleyball: \$3.50 drop-in/per hour; Basketball drop-in fee: \$3.50 Adult | \$2.00 Youth Youth/Toddler drop-in fee: \$2.00/ Senior 60+ \$2.50/cardio and weights

Group Fitness/Weight Cardio drop-in fee: \$3.50; \$28.00/12 visit punch card or \$30.00 unlimited for 30 day

Drop in weights & cardio equipment is available from 6:00am-9:00pm.